

# Rotary

## Club of Front Royal



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Kym Crump, President

## NEWS RELEASE

*Rotary Club of Front Royal Recognizes Bailey Irvin Grant  
as Male Student-Athlete of the Year and  
Rachel Elizabeth Sirbaugh and Kaley Elisabeth Foulks  
as Female Student-Athletes of the Year*

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Front Royal – The Rotary Club of Front Royal is proud to present the sixth class of honorees for its Student-Athlete of the Year Awards. Bailey Irvin Grant was awarded the 2019 John K. Marlow Student-Athlete Award, and Rachel Elizabeth Sirbaugh and Kaley Elisabeth Foulks were awarded the 2019 Heidi Noel Moore Student-Athlete Award.

In 2013, the Rotary Club of Front Royal created the Student-Athlete of the Year Awards. The award and its criteria were adopted by the Board of Directors of the Club to recognize the top individual male athlete and female athlete from Warren County High School and Skyline High School.

Recipients of the award shall have demonstrated a commitment to excellence in athletics in individual or team sports, made a lasting contribution to their school and the Front Royal-Warren County community, and meet the following criteria:

- Shall have earned a letter in a varsity sport at either Warren County High School or Skyline High School;
- Shall have excelled in athletics;
- Shall have excelled in academics; and
- Must have demonstrated high ethical standards.

The awards are named in honor of two individuals who exemplify the phrase “student-athlete”.

The top female athlete award is named for Heidi Moore. Heidi was a member of the Warren County High School Class of 1999. She held school records in six individual track and field events. Heidi also claimed the Northwestern District triple jump record, was a 12-time all-Northwestern District selection, seven-time all-Region II pick, and a five-time all-state honoree. She was named the schools Most Outstanding Girls Track & Field Performer for three straight years (1997-1999) and twice served as captain of the track team. Heidi was also named the AFLAC Most Outstanding Athlete in 1999, the Elks Student of the Year in 1999, and was the schools prom queen that year. Heidi attended James Madison University, where she earned both undergraduate and master’s (Communication Sciences and Disorders) degrees. Heidi passed away in October 2009 after a lengthy and courageous battle with cancer.

The top male athlete is named for John Marlow. John Marlow was a member of the Warren County High School (WCHS) Class of 1957 and a member of the undefeated 1956 football team. At one point he held the WCHS basketball career total points record and was a basketball team captain. He was a track and field district champion in the discus and went on to earn three letters in football and track and field at the University of Virginia. After college he moved back to his hometown to head Marlow Motors. He was elected to the Warren County Board of Supervisors in 1968 and served as Chairman of the Board from 1974 to 1978. He also served as Mayor of the Town of Front Royal from 1982 to 1990.

Rachel Sirbaugh has been an outstanding student and athlete during her tenure at Skyline High School. Rachel will graduate with a cumulative GPA of 4.20 and a Class Rank of 7 out of 182. While at Skyline, Rachel has taken 8 AP classes and has been involved in numerous extracurricular activities.

Rachel is a member of the National Honor Society and participated as a Blood Drive volunteer, basketball camp counselor, and Kids voting volunteer.

Rachel has excelled in athletics during her career at Skyline including being a four-year starter on the Varsity basketball and softball teams, serving as team captain for both sports her sophomore, junior, and senior years. In Basketball she earned 2<sup>nd</sup> team all-conference her sophomore year, 2<sup>nd</sup> team all-district her junior year, and first team all-district, 2<sup>nd</sup> team all-region, and 2<sup>nd</sup> team all-area her senior year. In softball, she earned 2<sup>nd</sup> team all-conference, 1<sup>st</sup> team all-region, and 2<sup>nd</sup> team all-state her freshman year, 2<sup>nd</sup> team all-conference her sophomore year, and 2<sup>nd</sup> team all-district and 2<sup>nd</sup> team all-region her junior year.

Other awards she has received include:

- Defensive Player-of-the-Year – Varsity Basketball – 10<sup>th</sup> Grade
- Offensive Player-of-the-Year – Varsity Softball – 11<sup>th</sup> Grade
- Skyline High School Female Athlete-of-the-Year – 11<sup>th</sup> Grade
- Northern Virginia Daily Softball Player-of-the-Year – 11<sup>th</sup> Grade
- Hawk Four Player-of-the-Year – Varsity Basketball – 12<sup>th</sup> Grade

Rachel notes that “As far back as I can remember I have always dreamed of having the opportunity to play sports at the high school level. Many see it as a hobby but I see it as a privilege to be able to represent my school on and off the field or court.”

According to her Athletic Director Bill Cupp, “Rachel has been the heartbeat of the girl’s basketball team and softball team for the past four years. Her passion for athletic competition and leadership on and off the playing surface has driven her and our teams to previously unattended levels of success. She will be missed at Skyline and truly welcomed at Roanoke College.”

After graduation, Rachel will attend Roanoke College where she is planning to major in Criminal Justice with the ultimate goal of working for the FBI. She also plans to play softball at Roanoke.

Kaley Foulks has also been an outstanding student and athlete during her tenure at Warren County High School. Kaley will graduate with a cumulative GPA of 4.28 and a Class Rank of 2<sup>nd</sup> out of 202. While at Warren County, Kaley has taken 6 AP classes and has been involved in numerous extracurricular activities.

Kaley is the Vice-President of the National Honor Society and a member of the Warren County High School Interact Club. She has participated in numerous community-based service activities including multiple Day of Caring events, Hands-Against-Hunger, and was selected to attend the Rotary Youth Leadership Awards Conference. During high school she has volunteered with the Warren County Sheriff’s Office’s Victim-Witness program and DARE program and also the Human Society of Warren County.

Kaley has excelled in athletics during her career at Warren County including being a four-year starter on the Varsity volleyball and soccer teams, serving as team captain for both sports her sophomore, junior, and senior years. In volleyball Kaley earned 1<sup>st</sup> team all-district, all-conference, and all-area her sophomore year, 1<sup>st</sup> team all-district, all-region, all-area, and all-state her junior year, and 1<sup>st</sup> team all-district, all-region, all-area, and all-state her senior year. She was the Northern Virginia Daily Volleyball player of the year her sophomore, junior, and senior years. She led her team to its first district and regional titles and to the Class 3 state title game her junior

year and district and regional titles and state semi-final her senior season. She set the single season kill record with 435 kills and career kill record with 1,120.

In soccer, she earned 2<sup>nd</sup> team all-conference and all-area her freshman year, 2<sup>nd</sup> team all-district and varsity MVP her sophomore year, 1<sup>st</sup> team all-district and all-region her junior year, and 2<sup>nd</sup> team all-district and all-region her senior year. She also played for 3 years for the Virginia Olympic Development program and was selected to represent Virginia internationally playing in matches in Europe.

Other awards she has received include:

- One of two students to receive the Junior Ring Award from the Key Club
- Received the William and Mary Leadership Award for inspirational leadership, outstanding scholarship, and unwavering loyalty to Warren County High School
- Received French Award, AP Statistics Award, Algebra II Student Award and WISE Financial Literacy Certificate
- Received the Girl Scouts Bronze Award
- Named Warren County's 2019 Outstanding Female Athlete
- Received the Pamplin Leadership Award from the Honors College at Virginia Tech

Kaley notes that "Playing sports at the high school level has been a defining part of my experience at Warren County. The relationships that I have built with my teammates and coaches are special bonds that I will always cherish and take with me as I continue on into my future."

According to her Athletic Director Ed Dike, "It's been an absolute pleasure to watch Kaley grow up over the last 5 years. She has gone from a non-confident young lady to a super confident young woman ready to attack Virginia Tech and succeed. I hope the relationship that we have built will continue as I hope she knows I will always be there for her."

After graduation, Kaley will attend Virginia Tech where she has been accepted into their College of Engineering and Honors College. She also plans to play club volleyball.

Bailey Grant, the top male award winner, has been an outstanding student and athlete during his tenure at Warren High County School as well. Bailey has completed 4 AP classes while at Warren County and will graduate with a GPA of 3.75 and a Class Rank of 39<sup>th</sup> out of 202 students. Outside the classroom Bailey has served as a volunteer with "Feed the Hungry" at John Wesley United Methodist Church, the food bank, National Honor Society blood and canned food drives.

Bailey has also excelled in athletics. He is a four year letter winner in cross country and track for the Wildcats, serving as team captain his sophomore, junior, and senior years. In cross country, Bailey earned all-district, all-conference, and was a state qualifier his sophomore year, and all-district, all-region, and state qualifier his junior year. In track he was all-district in the 800m, conference champion in the 800m, all conference 4x800m relay, and district champion in the 4x800m relay his sophomore year, district and region runner-up in 800m, district and region champion in 4x800m relay, and state qualifier in 4x800m relay and 800m his junior year, region champion in indoor track 4x800m relay and 1000m, region runner up in indoor 1600m, and all-state indoor track in the 4x800m relay his senior year.

Bailey notes that “Being part of high school sports is one of the best decisions I’ve ever made. I am thankful for the opportunities that I have been given to compete for Warren County High School. I will always cherish these moments.”

According to his Athletic Director Ed Dike, “Bailey has made all of his hard work pay off with getting the opportunity to run at George Mason University. I remember many times as he was heading out in the rain or the cold to go run asking him about where he was heading and he would say ‘got to get my work out in’. That dedication will take him far.”

After graduation, Bailey will attend George Mason where he will run track and major in civil engineering.

Awards Committee Chairman Doug Stanley thanked both Heidi Moore’s family and John Marlow for the honor and privilege to have this award to carry their names in the coming years. In addition to a plaque, the honorees received an award of \$250.

In 2013, the Club announced the creation of a scholarship fund for the awards through the Community Foundation of the Northern Shenandoah Valley. Mr. Stanley added that this is an excellent way for individuals and businesses to recognize the contributions of John Marlow and Heidi Moore. He indicated that Club members and families of the award namesakes have raised over \$25,000 to-date. The fund will generate scholarships for future recipients. Anyone wishing to make a donation should contact Doug Stanley at (540) 622-4848 or the Community Foundation of the Northern Shenandoah Valley at [www.cfnsv.org](http://www.cfnsv.org).



**Rachel Sirbaugh, Bailey Grant, and Kaley Foulks**



**John Moore (Heidi's Dad), Rachel Sirbaugh,  
and Committee Chairman Doug Stanley**



**Bailey Grant and John Marlow**



**John Marlow, Bailey Grant, Kaley Foulks, John Moore, Rachel Sirbaugh, Club President Kym Crump, and Committee Chairman Doug Stanley**



Heidi Moore Award Winners Rachel Sirbaugh and Kaley Foulks



Kaley Foulks



Rachel Sirbaugh



John Moore, Kaley Foulks, and Doug Stanley

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